

Vegetable Families

Onion Tribe

- Leek
- Onion
- Garlic
- Chives
- Spring Onions
- Shallots

*Need - Lime 'sweet soil
Seaweed-fish emulsion*

Sow Seedlings

Small Seeds (like carrots)

when planting directly into the soil — mix with some fine material - like sand — it will make the job much easier.

Potatoes — *grow best in a trench or hole that has been filled with straw*

Legumes

- Peas
- Climbing Beans
- Winged Beans
- Snake Beans
- Soya Beans
- Snow Peas
- French Beans

*Needs lots of
Organic Matter*

Brassicas

- Broccoli
- Cabbage
- Bok Choy
- Kale
- Cauliflower
- Rocket

*Prepare bed with OM
and manure.*

Sow seedlings

Vegetables need Sunlight

*— about 6 hours per day.
You will not have success with vegetables if they have less.*

Shade — *also encourages moulds and pests to breed (particularly in the tropics). They will get all the shade they need from the other herbs, vegies and flowers planted around them.*

Root Crops

- Carrots
- Beetroot
- Radish
- Parsnip
- Swede

Need little Organic Matter and bed prepared in advance. Need raised bed.

Cucurbits

- Watermelon
- Cucumber
- Zucchini
- Squash
- Pumpkin

Add Sweetcorn

Sow seeds directly into bed

Trees — *your food garden will not be successful if planted near large trees — there is too much competition for food, light and water.*

Solanaceae

- Capsicum
- Eggplant
- Tomato
- Chilli
- Potato

Acid lovers — add manure